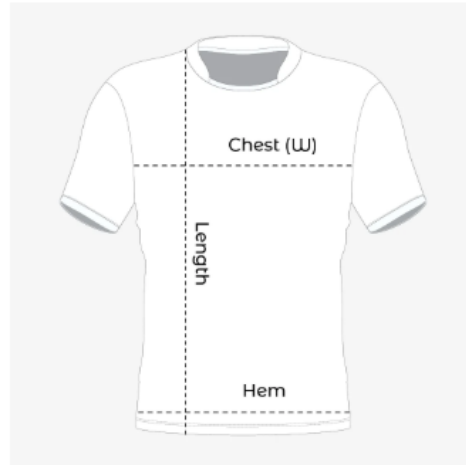


HOW TO MEASURE

The fit of your clothes depends on many things, including the cut, fabric, styling and even the undergarments you're wearing. By following our measuring tips we hope to find you the best possible fit. Please note all measurements are garment measurements (cm). Note fits will vary as some are more slim fit or pro fit and other a larger standard cut. If you are between sizing go up for a more relaxed fit or down for a tighter silhouette.



1. Find a garment that fits you well to measure to compare with garment sizing above.
2. Lay it flat and measure across the chest from left to right just under arms.
3. Make sure the tape measure is kept level and measure as per the below.

CHEST CIRCUMFERENCE

Measure 1/2 chest but laying garment flat and measuring from left to right across chest under the arms.

WAIST CIRCUMFERENCE

Measure 1/2 waist band without stretching waistband.